

01/07/2010

## MATCHA LATTE





## 1. Se introduc in blender 6-7 gr de Matcha

6 - 7 gr (o lingurita rasa) /portie, 200 ml lapte. Atentie! Se prepara cu lapte si nu se introduce zahar; ceaiul este preindulcit.

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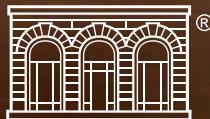
## 2. Se adauga laptele in blender

200 ml lapte.

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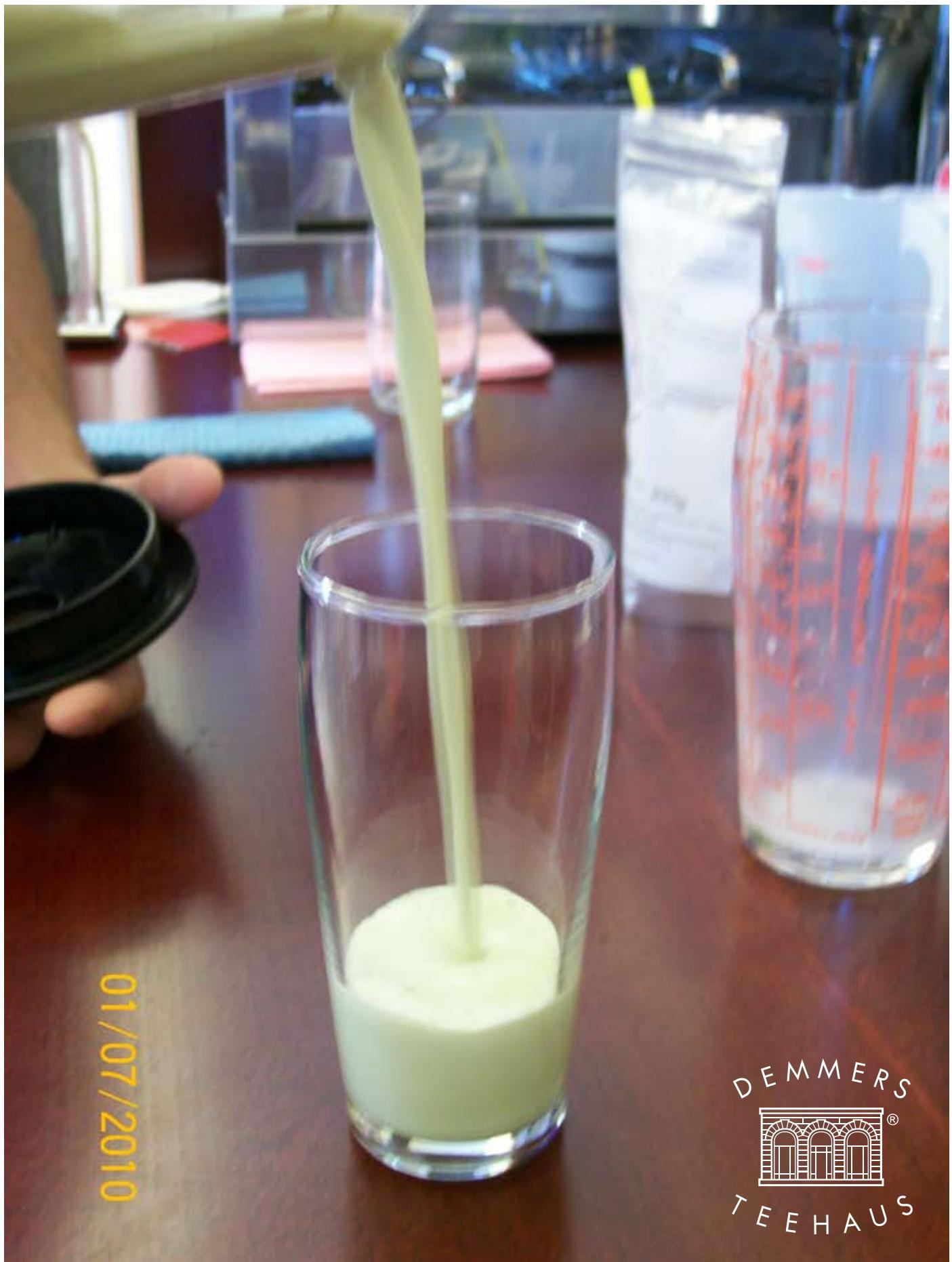


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### 3. Se amesteca mixul



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#### 4. Se toarna mixul in sonda



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## 5. Se orneaza paharul si se serveste

Daca doriti sa-l serviti rece, se poate adauga fie gheata macinata in blender odata cu mixarea, fie cuburi in pahar.

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**Pofta buna!**