



TEA WITH ICE

/ ceai de fructe



1. Se prepara ceaiul concentrat

4 gr/portie (250 ml), 100 ml apa (aprox. 100 gade), zahar alb sau brun



2. Ceaiul concentrat se lasa la infuzat

Timp de infuzare: 4 minute



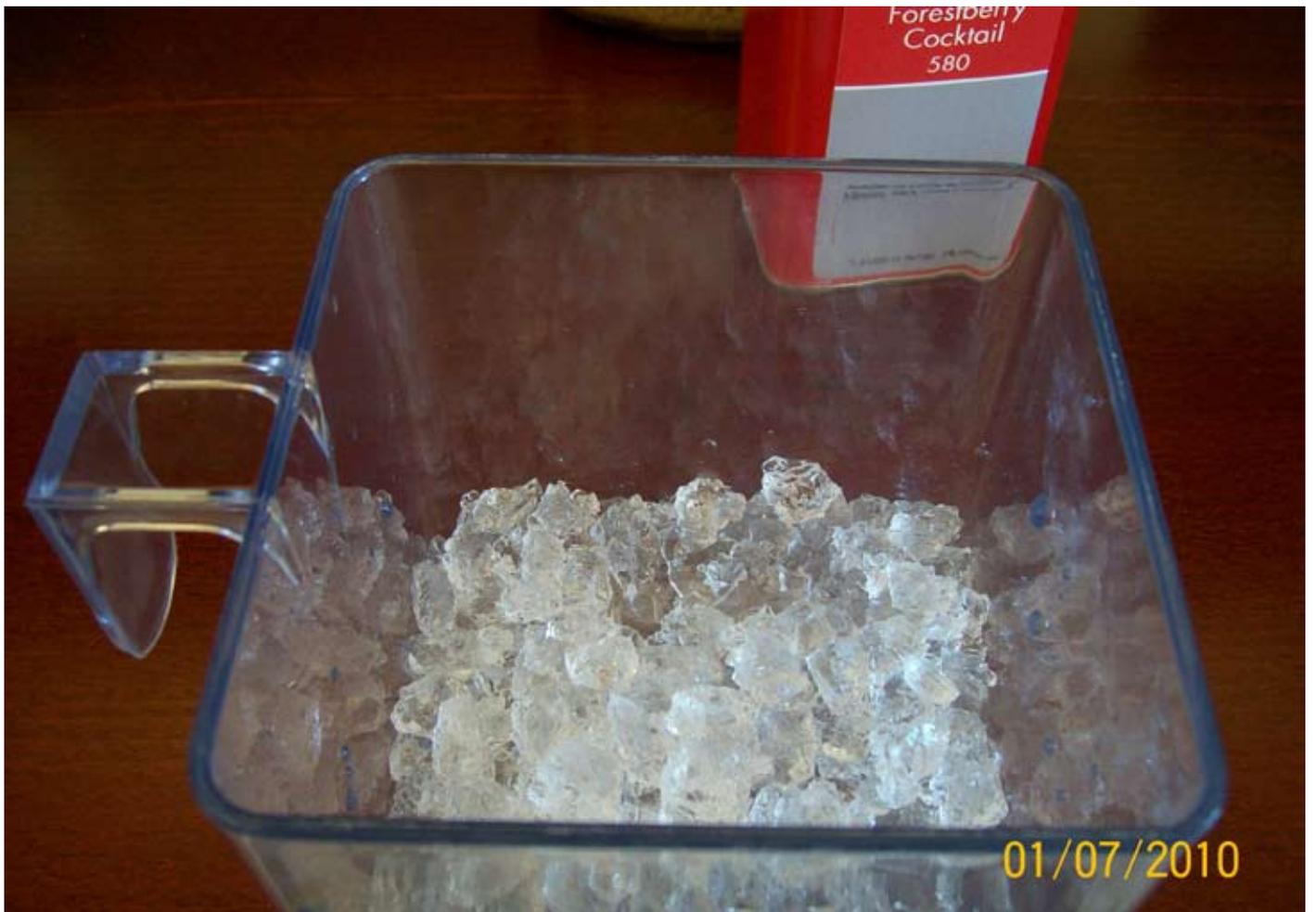
3. Gheata se macina

Compozitia urmeaza sa fie introdusa in blender si e mai bine sa fie macinata gheata inainte.



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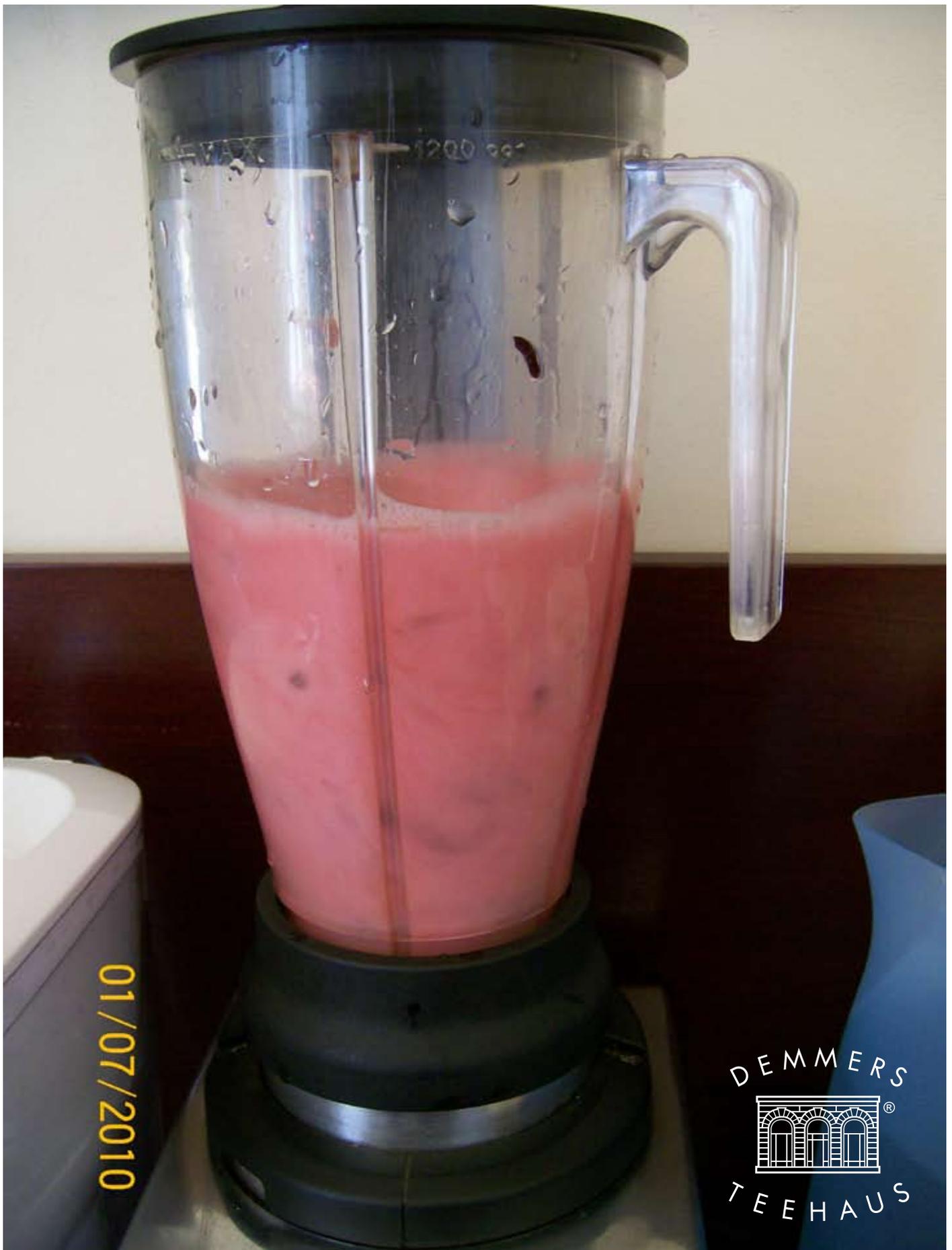


4. Gheata macinata se introduce in blender



5. Ceaiul concentrat se introduce in blender

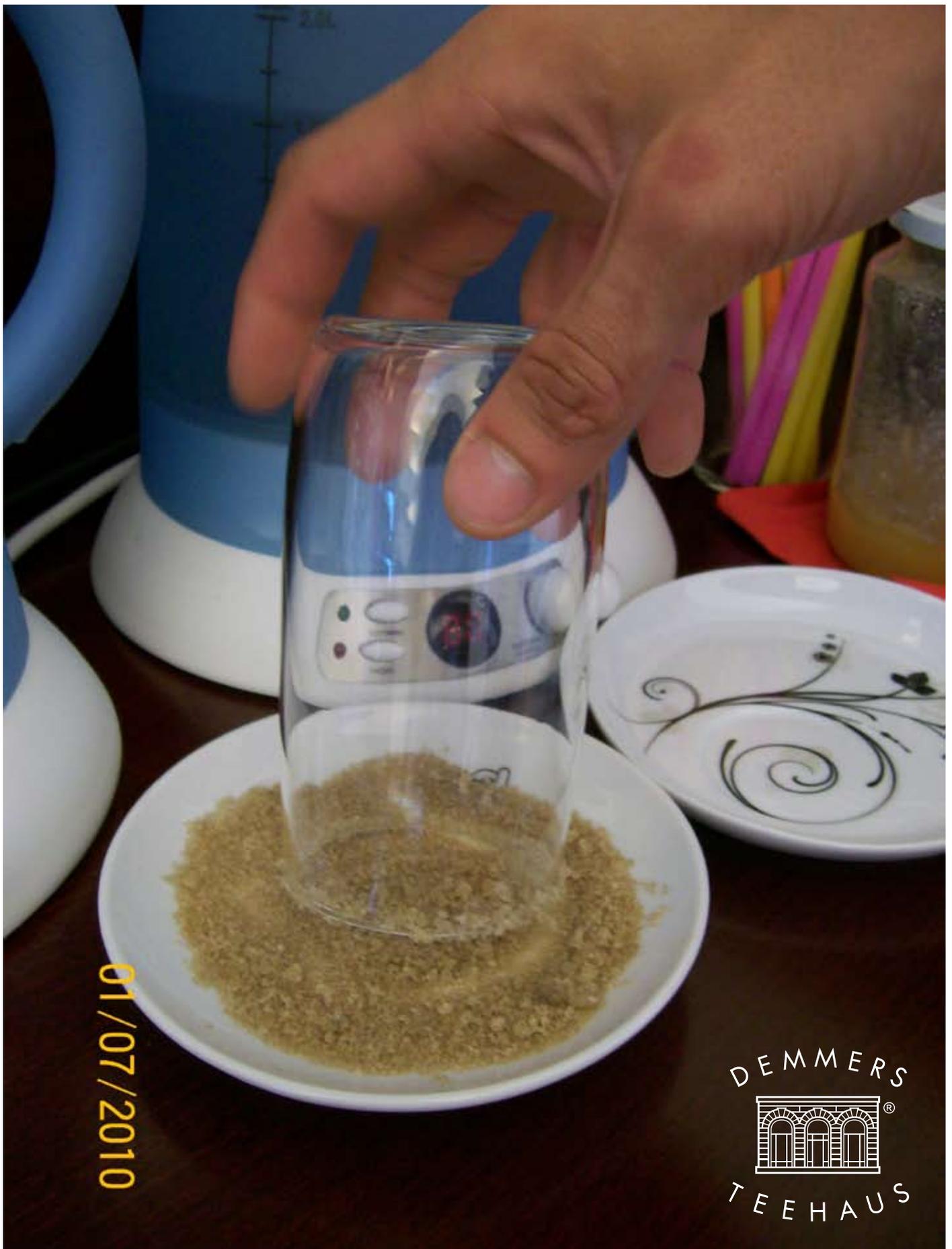
Ceaiul concentrat rezultat in urma infuziei se introduce in blender peste gheata macinata.



6. Se amesteca in blender intreaga compozitie



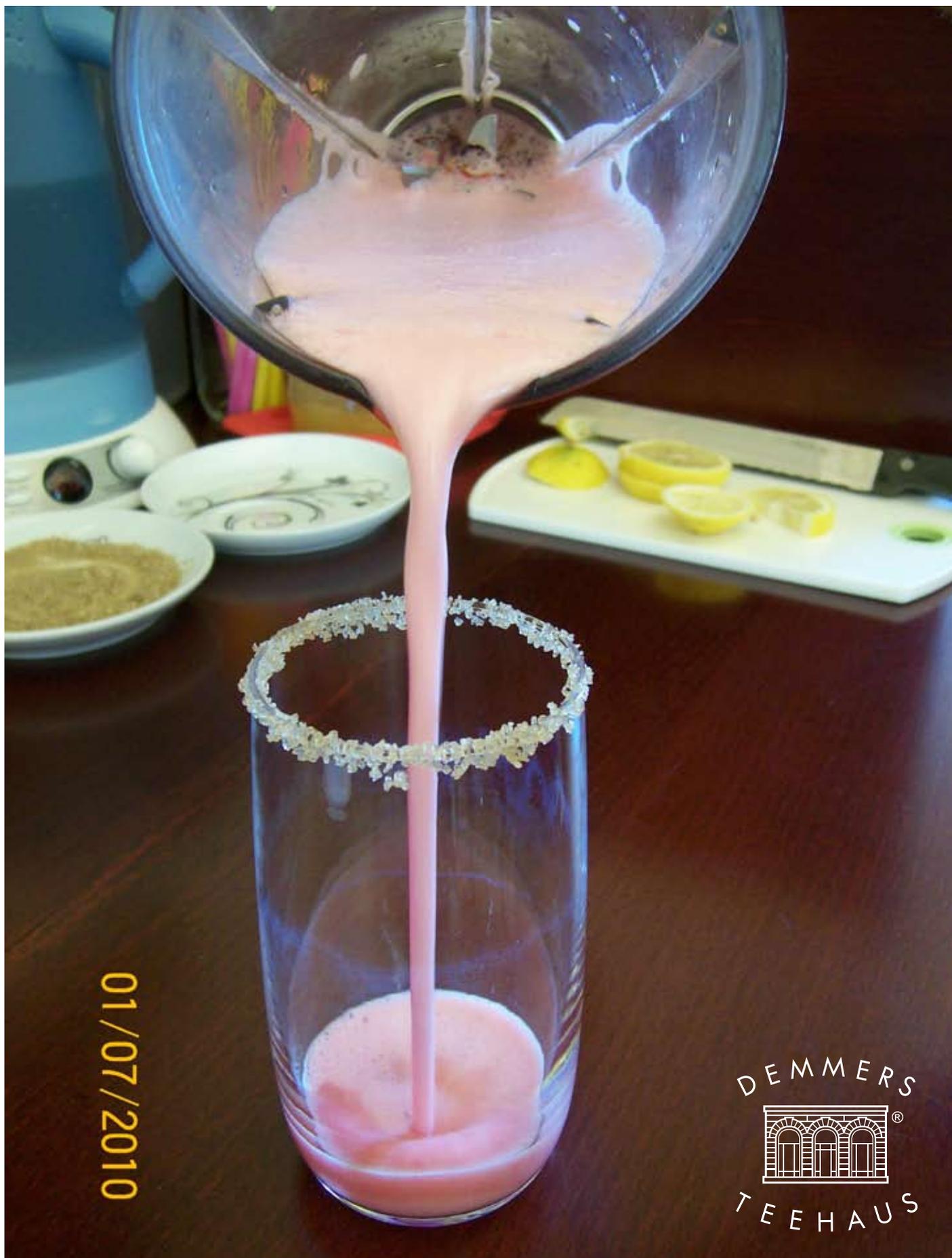
7. Se glaseaza marginea paharului cu zeama de lamaie si zahar



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8. Se glaseaza marginea paharului cu zeama de lamaie si zahar



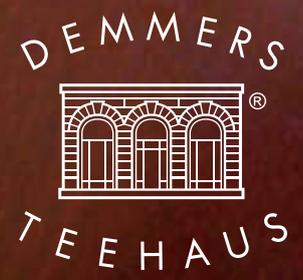
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8. Se toarna compozitia in pahar



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8. Se toarna compozitia in pahar



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9. Pe marginea paharului se aranjeaza o felie de lamaie sau lime.



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Pofta buna!



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